



Preparing for Advent **Leading The Mind into the Heart**

Saturday November 28th 10.30 till 16.00
At Elsie Briggs House of Prayer, 38 Church Road, Westbury-on Trym, Bristol
BS9 3EQ

A quiet day in which to become more open to God's presence, through short talks, readings, and silent meditation in the tradition of John Main
Led by local meditators

Suggested donation £10. To book, or for more information, contact Roger Layet roger.layet@btinternet.com 01275 463727.

Drinks available, bring your own lunch. Unfortunately the House is not wheelchair accessible.

The House is near the centre of Westbury-on-Trym village, next to the parish church. If coming by M5 leave at junction 17 and take A4018 towards Bristol centre. Westbury village is just off Falcondale Road. Most roads around the House are heavily parked – you should expect to park at least 5 minutes walk away.

For more about The World Community For Christian Meditation, see www.wccm.org and www.christian-meditation.uk.org