



A Half-Day Workshop Using the Myers Briggs Type Indicator (MBTI)

On Sat. 30th Oct. 2010, 09:30 - 13:30 @ St Barnabas' Warmley

The **Myers Briggs Type Indicator (MBTI)** is a 'down to earth' framework for looking at, describing and sorting personalities.

David Brain, **an accredited MBTI Practitioner** is running a half-day **MBTI & Spirituality** workshop in conjunction with St Barnabas', Warmley. This will enable you to discover your MBTI personality type and explore some of its impact on relationships with other people of faith, religious belief and styles of worship.

MBTI has been developed for over 30 years and is used widely in the Church of England. It is designed to promote constructive understanding of the differences between people, and may help you to;

- Discover more about yourself (your personality), where you're 'coming from' and how you express yourself;
- Understand why you prefer to do certain things in certain ways;
- See how others may see you;
- Value the differences between people;
- Improve understanding, communication & team work in your home, work and church life
- Reduce conflict.

COST: £30.00 per person to cover the cost of materials etc.

Like to book a place or find out more? Contact;

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