



New Course Running at Bristol Mind

Supporting People with Learning Disabilities and Additional Mental Health Needs

Length of course: 2 days

This course aims to develop a greater understanding of people with learning disabilities who have additional mental health needs. It is similar to the two-day course 'Working with people with emotional or mental health support needs', but focuses specifically on increasing the knowledge and confidence of those supporting people with learning disabilities.

Participants will be encouraged to draw upon their existing knowledge and skills to support reflective practice. The themes of person-centredness, empowerment, rights, choice and control will be threaded throughout the course. Particular issues that will be addressed include: an awareness of the contributory factors and challenges in identifying mental health and mental ill-health in people with learning difficulties, the context in which people might be supported, communication skills and practical approaches to support people with learning disabilities experiencing mental distress, and promoting good mental well being.

Course aimed at: Paid or unpaid staff providing a range of support services for adults with learning disabilities who may also have additional mental health needs.

Course dates: 28th and 29th October 2010

Venue / location: Bristol Mind, 35 Old Market Street, Bristol BS2 0EZ

Cost of course: **Individuals £150. In-house £1,200** (maximum 18 participants)
Limited concessions available for unfunded groups or individuals

To Book a Place and for further information:

Email training@bristolmind.org.uk

or call 0117 980 0370