Book Review by Karl Stewart

Dear Friends,

I have recently read a true story by a woman called Anna Kennedy. The book is called 'Not Stupid'. It is a true story about her as a mother who has two young sons with Autism. She encountered many problems with her sons, not only as a loving, caring and worried parent, but also with their education in the main-stream. So she set up a school of her own for her sons and for the benefit of many mothers and fathers with the same challenges. It's no surprise to find when reading this book just how much determination she has – and her great faith in God played a great part in it. Despite her faith, determination and love in pursuing her ultimate goal in doing what she did to set up the school, she could not do it alone. She needed a lot of help, money and support.

The message and lesson I got from this, even if you are conscious of this, we none of us, especially me, can do it all alone. Go with God as well, with your friends and those whom you love, and it is a whole lot easier.

So wherever you are on your journey may God bless you, guide you and the light of the Spirit be with you.

Peace and blessings for the festive period and New Year,

Yours in and with God,

Karl Stewart